

Step therapy — Premium

Most medical conditions have many medication options. Although their clinical effectiveness may be the same, the cost can be very different. The Step Therapy program gives you the treatment you need, usually at a lower cost.

Here's how it works:

With this program, you must try a Step 1 medication first, before a Step 2 medication may be covered. When you bring a prescription to your pharmacy, our system will check the medication for step therapy requirements. If your old pharmacy claims show you have tried a Step 1 medication in the recent past, the Step 2 medication may be filled. If not, the pharmacist will contact your doctor to explain next steps.

We encourage you to talk about your treatment and medication options with your doctor. If you have questions about the Step Therapy program, call the member phone number on your ID card.

Step therapy medications

If you have a prescription for any of the Step 2 medications below, you are required to first try a Step 1 medication(s) for benefit coverage.

Condition	Step 1	Step 2
Anti-infectives		
Oral Brand Tetracyclines	doxycycline	ADOXA, DORYX, MONODOX, TARGADOX
Otic Agents	ofloxacin	CETRAXAL, ciprofloxacin
Cardiovascular		
Renin-Angiotensin System Agents	Any one of the following generics: amlodipine-benazepril, amlodipine-olmesartan, benazepril, benazepril-HCTZ, candesartan, candesartan-HCTZ, captopril, captopril-HCTZ, enalapril, enalapril-HCTZ, fosinopril, fosinopril-HCTZ, irbesartan, irbesartan-HCTZ, lisinopril, lisinopril-HCTZ, losartan, losartan-HCTZ, moexipril, moexipril-HCTZ, olmesartan-HCTZ, olmesartan-amlodipine-HCTZ, perindopril, quinapril, quinapril-HCTZ, ramipril, telmisartan, telmisartan-HCTZ, trandolapril, trandolapril-verapamil	EDARBI, EDARBYCLOR, TEKTURNIA, TEKTURNIA HCT
Statins	Any one of the following generics: fluvastatin, fluvastatin ER, lovastatin, pravastatin, rosuvastatin, simvastatin	ALTOPREV, FLOLIPID ² , LIVALO
Fibric Acid Derivatives	Any one of the following generics: fenofibric cap, fenofibrate tab, fenofibrate micronized cap, fenofibric acid tab AND Any one of the following preferred brands: LIPOFEN	FENOGLIDE, FIBRICOR, LOFIBRA, TRIGLIDE

Condition	Step 1	Step 2
Antianginals	<p>Any one of the following generics or preferred brands:</p> <p>acebutolol, amlodipine, amlodipine-benazepril, amlodipine-telmisartan, amlodipine-valsartan, atenolol, bextaxolol, bisoprolol, carvedilol, diltiazem, diltiazem ER, felodipine ER, isosorbide dinitrate ER, isosorbide mononitrate ER, isradipine, metoprolol, metoprolol ER, nadolol, nicardipine, nifedipine, nisoldipine SR, nitroglycerin ER, pindolol, propranolol, propranolol SR, timolol, trandolapril-verapamil, verapamil, verapamil ER</p> <p>BYSTOLIC, DILATRATE SR, INDERAL XL, INNOPRAN XL</p>	RANEXA
Central Nervous System		
ADHD Agents	<p>Any two of the following generics or preferred brands:</p> <p>amphetamine-dextroamphetamine IR or ER, dexamethylphenidate IR or ER, dextroamphetamine IR or SR, methylphenidate IR or ER, VYVANSE</p>	ADZENYS ER ² , ADZENYS XR ODT ² , APTENSIO XR ² , COTEMPLA XR-ODT ² , DAYTRANA ² , DESOXYN ² , DYANAVAL XR ² , EVEKEO ² , FOCALIN XR ² , KAPVAY, METADATE CD ² , METHYLIN ² SOLUTION, METHYLIN CHEW ² , MYDAYIS ² , PROCENTRA ² , QUILLICHEW ER ² , QUILLIVANT ² , RITALIN LA ² , ZENZEDI ²
Anticonvulsants³	topiramate IR	QUDEXY XR, topiramate ER
Antidepressants³	bupropion SR	APLENZIN ²
	<p>Any two of the following generics:</p> <p>desvenlafaxine succinate ER, duloxetine, venlafaxine, venlafaxine ER</p>	FETZIMA ²
	<p>Any two of the following generics:</p> <p>bupropion, citalopram, desvenlafaxine succinate ER, duloxetine, escitalopram, fluoxetine, mirtazapine, paroxetine, paroxetine ER, sertraline, venlafaxine, venlafaxine ER</p>	TRINTELLIX ²

Condition	Step 1	Step 2
Antipsychotics³	Any one of the following generics or preferred brands: aripiprazole, olanzapine, quetiapine IR or ER, risperidone SAPHRIS	FANAPT ² , VRAYLAR ²
Insomnia Agents	Any one of the following generics: eszopiclone, temazepam, zaleplon, zolpidem, zolpidem CR	BELSOMRA ²
	Any one of the following generics: zolpidem, zolpidem CR	EDLUAR ² , ZOLPIMIST ²
Migraine Agents	Any one of the following generics: naratriptan, rizatriptan, sumatriptan, zolmitriptan	TREXIMET ²
Neurologic Agents	gabapentin	GRALISE ²
	Any one of the following generics or preferred brands: amitriptyline, cyclobenzaprine, duloxetine, gabapentin LYRICA	LYRICA CR ² , SAVELLA ²
Non-Narcotic Analgesics	Any two of the following generics: diclofenac, diclofenac CR, diflunisal, etodolac, fenoprofen, flurbiprofen, ibuprofen, indomethacin, ketoprofen, ketorolac, meclofenamate, meloxicam, nabumetone, naproxen, oxaprozin, piroxicam, sulindac, tolmetin	TIVORBEX
Opioid Antagonists	NARCAN NASAL SPRAY	EVZIO
Parkinson's Disease	Any one of the following generics: carbidopa-levodopa, carbidopa-levodopa CR	RYTARY
	Both of the following generics: rasagiline, selegiline	XADAGO ²

Condition	Step 1	Step 2
Dermatology		
Rosacea	SOOLANTRA	FINACEA
	MIRVASO	RHOFADE
Skin Cancer Agents	Any one of the following generics: fluorouracil, imiquimod	diclofenac gel 3% ² , PICATO, SOLARAZE ² , TOLAK
Topical Immuno-modulators	Any one of the following generics: alclometasone, amcinonide, betamethasone, clobetasol, clocortolone, desonide, desoximetasone, diflorasone, fluocinolone, fluocinonide, fluticasone, halobetasol, hydrocortisone, mometasone, prednicarbate, triamcinolone, pramoxine-HC, calcipotriene-betamethasone	ELIDEL, EUCRISA
Endocrinology		
Diabetic Agents	Any one of the following generics: metformin, metformin ER, glipizide- metformin, glyburide-metformin, pioglitazone-metformin	ACTOPLUS MET XR
	Any one of the following generics: metformin, metformin ER, glipizide- metformin, glyburide-metformin, pioglitazone-metformin	AVANDIA, CYCLOSET
DPP4 Inhibitors	Any one of the following generics: metformin, metformin ER, glipizide- metformin, glyburide-metformin, pioglitazone-metformin	JANUMET, JANUMET XR, JANUVIA, JENTADUETO, JENTADUETO XR, TRADJENTA
GLP-1 Agonists	Any one of the following generics: metformin, metformin ER, glipizide- metformin, glyburide-metformin, pioglitazone-metformin	BYDUREON ² , BYUREON BCISE ² , BYETTA ² , OZEMPIC ² , TRULICITY ² , VICTOZA ²

Condition	Step 1	Step 2
GLP-1 Agonist Combinations	Any one of the following preferred brands: BYDUREON ¹ , BYDUREON BCISE ¹ , BYETTA ¹ , TRULICITY ¹ , VICTOZA ¹ , LANTUS, TOUJEO	SOLIQUA ² , XULTOPHY ²
	Any one of the following preferred brands: BYDUREON ¹ , BYDUREON BCISE ¹ , BYETTA ¹ , OZEMPIC ¹ , TRULICITY ¹ , VICTOZA ¹ , LANTUS, OR TOUJEO	SOLIQUA ² , XULTOPHY ²
SGLT2 Inhibitors	Any one of the following generics: metformin, metformin ER, glipizide- metformin, glyburide-metformin, pioglitazone-metformin	GLYXAMBI, INVOKAMET, INVOKAMET XR, INVOKANA, JARDIANCE, SYNJARDY, SYNJARDY XR
Gastroenterology		
Constipation Agents	Any one of the following generics: lactulose, polyethylene glycol	LINZESS ² , SYMPROIC ²
Proton Pump Inhibitors	Any two of the following generics or preferred brands: esomeprazole, omeprazole, lansoprazole, pantoprazole, rabeprazole DEXILANT	ESOMEPRAZOLE STRONTIUM ² , FIRST- LANSOPRAZOLE, FIRST-OMEPRAZOLE, PRILOSEC ² , PROTONIX ²
Miscellaneous		
Antigout Agents	COLCRYS	MITIGARE, colchicine
	allopurinol	DUZALLO, ULORIC, ZURAMPIC
Ophthalmology		
Ophthalmic Antihistamines	Any one of the following generics or preferred brands: azelastine, olopatadine, PATADAY	BEPREVE, LASTACAPT

Condition	Step 1	Step 2
Respiratory		
Leukotriene Modifiers	Any one of the following generics: montelukast, zafirlukast	zileuton ER, ZYFLO, ZYFLO CR
Long-Acting Bronchodilators	Any two of the following preferred brands: ADVAIR, BREO ELLIPTA, SEREVENT, SYMBICORT	ARCAPTA ² , STRIVERDI RESPIMAT ²
Urology		
BPH Agents	Any two of the following generics or preferred brands: alfuzosin, doxazosin, tamsulosin, terazosin, RAPAFLO	CARDURA XL

Step therapy requirements are effective as of January 1, 2019. The list of step therapy medications is subject to change without notice. Step therapy requirements may vary by benefit plan. Additional clinical programs, including quantity limits and prior authorization, may exist for the above medications which may affect your prescription drug coverage.

¹ These agents are also subject to additional step requirements as indicated in table.

² Quantity limits may also apply. Please refer to the Premium Quantity Limits document.

³ Applies to new starts only



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